

## Tourette Association of America - Texas Chapter

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## **SERVICES AND PROGRAMS**

The Tourette Association of America – Texas Chapter strives to support the medical, educational, social, and economic needs of Texans with Tourette Syndrome and to improve their quality of life. Approximately 90% of our clients are children and their families. All Programs and Services are provided without cost to the recipients and no dues are assessed.

Tourette Texas's vital and unduplicated work includes:
Advocacy and Consulting: Providing no-cost professional
consulting, Tourette Texas evaluates the "whole" child or adult to
recommend and to assist in implementing appropriate medical
diagnosis and management; educational needs and
accommodations; social skills; career goals; and/or family
interactions. Additionally, we advocate with families, physicians,
schools and legal entities to ensure the best interests of our
clients are always served.

Education and In-Service: Accurate information about Tourette Syndrome is disseminated to physicians, educators, parents and families and at events and meetings throughout the state. In-Service presentations are made to school districts, and annual educational presentations are scheduled across the state at the start of school for college students, parents and young adults.

Medical Assistance Program: Financially distressed, underinsured and non-insured individuals are funded for visits to experienced physicians for diagnosis and management of their TS symptoms through the Andrei Jackson Memorial Medical Scholarship Fund.

**Scholarships and Direct Client Services:** Deserving and inneed families are provided with scholarships for educational assistance and for other necessities.

**Support Groups:** Regular meetings at our many Support Groups around the state provide speakers, support, materials and social interaction for families, children, and adults dealing with Tourette Syndrome. Currently, TS Support Groups are hosted in Austin, Bryan/College Station, DFW/Arlington, Golden Triangle, Katy/Sugar Land, New Braunfels, San Antonio, Victoria/Corpus Christi, and The Woodlands/North Houston.

Camp du Ballon Rouge: Hosting its 21st camp April 24-27, 2025, Camp dBR hosts children and teens with Tourette Syndrome to a tuition-free (the only tuition-free TS camp in the nation) four day camping weekend. For most, this camp is the only time they feel free of prejudice or embarrassment about their symptoms – and may even be the first time they meet another child with TS.

Family Events and Activities: Tourette Texas hosts across-thestate holiday parties, Summer/Back to School parties, pizza parties at support group meetings, or sports and cultural outings, all free of charge to our very often over-whelmed and underfunded families.

Youth Ambassador Program: In partnership with the Tourette Association of America, the Texas Chapter helps sponsor and train children and teens to talk about TS. These young people (ages 13-18) speak about TS before their peers at school, sports leagues, scout troops, camps and after school programs, helping to demystify TS and spread awareness and acceptance.

The Tourette Association of America – Texas Chapter strives to support the lives of those living with TS and their families. Until a cure for Tourette Syndrome is found, Tourette Texas will work diligently to provide medical assistance and scholarships; offer social activities and events for children, adults and siblings; educate the public and professionals; provide "whole person" consulting; and advocate for an improved quality of life for its clients. We receive no Federal or State assistance, raising funds through donations, events and select private grant opportunities.

\*Tourette Syndrome (TS) is a neurological movement disorder characterized by motor and vocal tics. Beginning in childhood, it causes those affected to make movements and noises they cannot control. Many with TS additionally have associated obsessive-compulsive disorder, attention-deficit-hyperactivity disorder and learning differences. Just as importantly, many experience serious self-esteem and social issues due to their often puzzling, misunderstood or disruptive symptoms. The current estimates are that 1 out of every 160 children between the ages of 5-17 years in the United States has TS and that 1 out of every 50 children has TS or another persistent Tic Disorder. Although symptoms usually diminish in adulthood, TS is considered a lifelong disorder.

For more information, call or email or visit our website at <a href="www.TouretteTexas.org">www.TouretteTexas.org</a>.

Your TAX-DEDUCTIBLE CONTRIBUTIONS are always welcome.

Tourette Texas is a 501(c)(3) charitable organization, qualified to receive donations in accordance with IRS regulations. EIN: 74-2198940

