



TOURETTE SYNDROME SUPPORT GROUP MEETINGS IN YOUR AREA!

The Tourette Association of America – Texas Chapter hosts an on-going and well-established **Support Group in ARLINGTON, TEXAS** to serve the children, families, and adults living with Tourette Syndrome (TS) in Dallas, Fort Worth, Arlington, and other surrounding areas.

The next support group meeting is scheduled for Saturday, August 15, 10:30am-12:30pm at the Northeast Branch of the Arlington Public Library, 1905 Brown Blvd. This meeting will be a “Meet and Greet” hosted by Co-Support Group Leaders **Kari Garcia** and **Tammy Zegarelli**. A “Back to School” In-Service will be presented by **Sheryl Kadmon**, Executive Director/Educational Specialist for Tourette Texas.

“Whether you have Tourette Syndrome, are a family member, caregiver, educator, or simply want to learn more, our monthly support group offers a welcoming, encouraging, and judgment-free place to connect with others who truly understand. Together, we share experiences, provide support, exchange helpful resources, and build meaningful friendships. **New members are always welcome!**”

ALL MEETINGS ARE FREE. Meetings are open to children with TS, their parents, adults with TS, educators, physicians, or anyone interested in learning more about TS and associated disorders.

What is Tourette Syndrome (TS)?

Tourette Syndrome (TS) is a neurological movement disorder characterized by motor and vocal tics. Beginning in childhood, it causes those affected to make movements and noises they cannot control. Many with TS additionally have associated obsessive-compulsive disorder, attention-deficit-hyperactivity disorder and learning differences. Just as importantly, many experience serious self-esteem and social issues due to their often puzzling, misunderstood or disruptive symptoms. **The current estimates are that 1 out of every 160 children between the ages of 5-17 years in the United States has TS and that 1 out of every 50 children has TS or another persistent Tic Disorder.** Although symptoms usually diminish in adulthood, TS is considered a lifelong disorder.

For further information or to RSVP, contact:

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Find us on Facebook at: [TouretteAssociationTexas](https://www.facebook.com/TouretteAssociationTexas)

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